

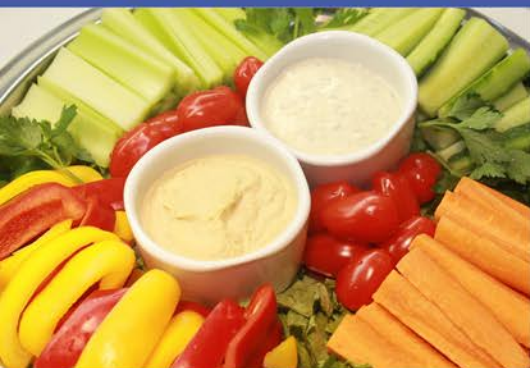
Breaks and Snacks Menu

V Vegetarian friendly menu items

H Halal friendly menu items

N Vegan friendly menu items

GF Gluten free



Fruit Break **GF** **V**

Sliced fresh fruit with vanilla yogurt dip
Freshly brewed fair-trade coffee
Selection of orange pekoe and flavoured teas
\$7.99 per person
Minimum order of 15

Mom's Treat **V**

Selection Assorted Cookies:
Chocolate chip, double chocolate chip,
Oatmeal, white chocolate macadamia
Assorted canned pop (Pepsi brand)
Freshly brewed fair-trade coffee
Selection of orange pekoe and flavoured teas
\$7.99 per person
Minimum order of 15
Add Chocolate Milk 6.99 per 473ml carton

Nordic Mini-Break **H**

Mini smoked salmon bagels with capers, whipped cream
cheese, red onion, tomato, cucumber and dill
\$39.99 per dozen

**Please let your Conference Coordinator know if
you require gluten-free crackers to be available
with your break.*

(Refer to the A la Carte Menu for more options)

Energy Refuel Break **V**

A selection of garden vegetables with hummus and ranch dip,
assorted market cheese, assorted crackers*, orange pekoe and
flavoured teas, freshly brewed coffee.
\$11.49 per person
Minimum order of 15

Authentically Delicious **V**

Pretzels with mustards and spicy mayo dip
Mustards: yellow and hot yellow
Tortilla chips (From La Tortilleria)
Fresh tomato salsa, pickled jalapeno and sour cream
Assorted Pepsi canned soft drinks
Freshly brewed fair-trade coffee
Selection of orange pekoe and flavoured teas
\$11.99 per person
Minimum order of 48 (4 dozen)
Add Guacamole to this break **\$2.99 per person**

Break Enhancements (per person)

Bag of Assorted Chips \$2.49 (min. order 3 dozen)
Whole fruit \$2.49
Fresh fruit salad \$2.99
Bottled juice per 300ml bottle (apple, cranberry, orange) \$2.79
Perrier or Eska \$3.99 per 355ml bottle
Soy Milk \$11.99 per 946ml carton (lactose free)
Almond Milk \$13.99 per 946ml carton (lactose free)
Oat Milk \$13.99 per 946ml carton (gluten free)
Coconut Milk \$13.99 per 946ml carton (gluten and lactose free)
Bombay Chai Mix \$13.99 per 946ml carton
Chocolate Milk \$6.99 per 473 ml carton

Booking and Inquiries

For further information, bookings and inquiries,
please contact our Conference Coordinator:

Tel: 416.979.5250 ext. 1-2352

Email: sales@ryersonstudentcentre.ca